



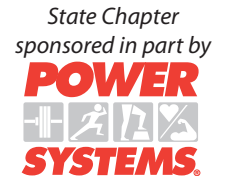
NSCA 2012 New Jersey State Clinic

May 5, 2012

NSCA Mission Statement

As the worldwide authority on strength and conditioning, we support and disseminate research-based knowledge and its practical application, to improve athletic performance and fitness.

GENERAL INFORMATION			
Location	Hosts		CEUs
Rutgers University Sonny Werblin Recreation Center 656 Bartholomew Road Piscataway, NJ 08854	Rick Howard, CSCS,*D +1 302-593-8718 rihoward41@gmail.com	Dave DiFabio, CSCS +1 732-932-8110 ddfabio@rci.rutgers.edu	0.9 NSCA 9.0 BOC



TIME	TOPIC	SPEAKER
7:30-8:00am	Check-in & On-Site Registration	
8:00-9:00am	Sacroiliac Joint Dysfunction & its Effect on Athletes & the General Population	Ryan Mallet
9:00-10:00am	Injury Prevention and Strength Training for the Hip and Knee	Frederic Jimenez, CSCS Dave DiFabio, MA, CSCS
10:00-11:00am	Core Stabilization for Rehabilitation and to Enhance Performance	Jim McCrossin, MS, CSCS
11:00-12:00pm	Foot Fitness from the willPower Method®	Steff Gallante, MEd, CSCS
12:00-1:00pm	Lunch (provided) NJ Advisory Council Round Table	
1:00-2:00pm	Questions Answered for Training the Female Gymnast	Karen Goeller, CSCS
2:00-3:00pm	High School Weight Training Level II Advanced Program	James McFarland, MEd, CSCS,*D
3:00-4:00pm	Mind-Muscle Connection - How Your Mindset & Thoughts Can Amplify Your Results	Kenneth Freeman, CSCS
4:00-5:00pm	Providing Strength Training Services in a Physical Therapy Environment	Mark Salandra, MBA, CSCS
5:00pm	Evaluations and Certificates	

Please call 800-815-6826 if you require special accommodations. Topics and speakers subject to change without prior notification. This clinic may have hands on sessions. Participants are asked to dress comfortably and only participate within their physical limitations.

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National Strength and Conditioning Association

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REGISTRATION FORM • NSCA NEW JERSEY STATE CLINIC • MAY 5, 2012

Register online at: <http://www.nasca-lift.org/stateclinics/searchclinic.asp>

Mail completed registration (with payment) to: NSCA, 1885 Bob Johnson Drive, Colorado Springs, CO 80906 or fax to 719-632-6367

Name _____ Member ID _____

Address _____ Student ID _____

City/State/Zip _____ Phone # _____

Emergency contact and phone # _____ Email _____

Payment Method

Check (payable to the NSCA in U.S. funds only) Visa MasterCard AmEx

Account# _____ Exp. _____

CVC Code _____ Signature _____

Name on Card _____

Total Enclosed \$ _____

Receipt: Mail Email

Clinic Code: 23033

Clinic Fees (check one)	Now thru April 24th	On-site
NSCA Member	<input type="checkbox"/> \$75	<input type="checkbox"/> \$85
Student	<input type="checkbox"/> \$45	<input type="checkbox"/> \$55
Non-member	<input type="checkbox"/> \$95	<input type="checkbox"/> \$105

Refund Policy: A 50% refund will be granted on or before April 24, 2012. No refunds will be given after April 24, 2012.



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Saturday, May 5, 2012

see inside for more details...

